

## Post Shorts

### Recycling schedule

The residential and recycling pickup schedule for July 17, is paper. Put items in paper bags, boxes or bundles and place them on the curb.



### TRAFFIC ALERT

#### For Traffic Alert info

For the most recent traffic alert information, visit the APG News Web site, [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil), and click on the Traffic Alert icon below the weather posting. Maps that indicate traffic pattern changes and locations will soon be posted.

This information is also available at the APG 2012 Web site, <http://apg2012.apg.army.mil>.

#### Noise alert

The U.S. Army Aberdeen Test Center will conduct several large detonations through July 11, which are likely to generate sound and/or vibration outside the installation boundaries.

If weather conditions are not favorable, firing will be rescheduled.

For more information, call 410-278-1147, 410-278-1153 or 800-688-8705.

#### Child care for military Families

The Military Fee Assistance Program has off-post, licensed child care for Military or DoD Families assigned to Fort Meade, Fort Detrick, Walter Reed or Aberdeen Proving Ground. Child Care Military Services is a program of Maryland Committee for Children, Inc.

For more information, call LOCATE: Child Care Military Services, 1-800-999-0120.

#### Ceremony to cause rerouting of traffic

Roads leading to APG's Ryan Building (building 314) will be closed temporarily July 15 to accommodate a ceremony noting the change of responsibility at the U.S. Army Developmental Test Command.

Barricades will be  
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## ZZ Top draws large crowd to APG



Photo by RUSSEL TRACY

ZZ Top plays "Gimme All Your Lovin,'" their opening song, to more than 7,000 fans during the annual Army Entertainment concert on Aberdeen Proving Ground at Shine Sports Field June 22.

## ATC taking testing to the next level

Story by  
**CRYSTAL MAYNARD**  
ATC

The U.S. Army Aberdeen Test Center took testing to the next level June 27 by unveiling their newest capability at a ribbon cutting ceremony held at ATC.

The ribbon cutting ceremony of the Distributed Test Control Center was hosted by ATC's commander Col. John P. Rooney as leadership from both ATC and the U.S. Army Developmental Test Command looked on.

ATC Test Technology Director Harry Cunningham explained that the DTCC is the command's key facility for the control, observation, analysis and movement of information. Movement of that information can be both internal and external to the command, and it allows ATC to see the bigger picture of a test taking place.

In 2005, former ATC Technical Director James Fasig saw that the other DTC Test Centers had operation centers that had migrated to their DTCC. Fasig and others sought to



Photo by ERIKA JORDAN, ATC

ATC Test Technology Director Harry Cunningham speaks to U.S. Army Developmental Test Command Commander Brig. Gen. Frank D. Turner III, front row left; ATC Commander Col. John P. Rooney to his right, and other guests at ATC's Distributed Test Control Center ribbon cutting ceremony June 27.

match these capabilities by seeking approval for an ATC DTCC. After presenting the idea to DTC leadership, DTC agreed to jointly fund ATC's DTCC, and the development and construction began.

"Great ideas bubble up from the people in the trenches, and it is the job of leadership to figure out how to make those ideas work," said DTC Commander Brig. Gen. Frank D. Turner III.

The DTCC became fully

operational in June.

For their part in turning the vision of the DTCC into a reality, Jacob Rubinstein and Scott Redding received the Commander's Award for Civilian Service; Gerald Hinkle received the Achievement Medal for Civilian Service; and Fasig received a Certificate of Appreciation during the ceremony.

"The DTCC is the fruition of a lot of brilliant ideas, and it is a job well done," Rooney said.

## FCC Amnesty Plan reinstituted

Story by  
**RACHEL PONDER**  
APG NEWS

As part of the Soldier Action Plan, child care providers living on government owned, leased and privatized housing must undergo certification by the Garrison Child Care Office to take care of children in their home.

Family Child Care will implement an "FCC Amnesty Plan" this summer as part of an Army-wide effort to eliminate unauthorized child care. The FCC Amnes-

ty Plan allows individuals, who are not currently certified providers, an opportunity to register with Child Youth Services without penalty. During this time frame, persons who come forward and meet the FCC Provider eligibility requirements may continue to provide child care while simultaneously going through the FCC Certification processes.

According to a memorandum from the Family and Morale, Welfare and Recreation Command, those that fail to comply these

**See AMNESTY, page 5**

## Authorized AAFES use explained Civilians have some privileges

Story by  
**YVONNE JOHNSON**  
APG News

(Editor's note: This article is a reprint that first appeared in the APG News Feb. 21, 2008, issue.)

Due to an increase in questions regarding authorized use of Army and Air Force Exchange facilities, the Directorate of Family and Morale, Welfare and Recreation, in conjunction with AAFES, would like to advise the Aberdeen Proving Ground community of

just who are the authorized customers of AAFES.

"Neither AAFES nor Aberdeen Proving Ground determine the qualifications under which individuals are granted AAFES privileges," said PX manager Debbie Armendariz. "The House Armed Services Committee and Department of Defense directives determine who may shop in military exchange facilities," Armendariz said.

Army Regulation 60-20 and AFJI 34-21 explic-

itly limit privileges to active duty military, retirees, reservists, National Guardsmen, and dependent Family members of these categories, as well as 100 percent disabled veterans.

"This doesn't mean that civilian employees and contractors are any less important to the Army team," said Regina Dannenfels, APG DFMWR director. "It means that DoD reserves privileges only for those facing the

**See AAFES, page 14**

### TRAFFIC ALERT

#### I3MP to close roads, driveways

DOIM

During the week of July 14, there will be several delays on and around Havre de Grace Street in the Aberdeen Area for Installation Information Infrastructure Management Program (I3MP) road work.

Throughout the week there will be short road and/or driveway closures, lasting less than 8 hours. The primary affected buildings are 4117, 4022, and 4023. Detour signs will be posted to direct traffic around the construction.

Vehicles for those buildings will have limited parking but parking will still be available.

As always, motorists are asked to continue to have patience as the construction contractors are working hard to transform APG for the future.

For more information, call Linda Hogan, Directorate of Information Management, 410-278-5357.

#### Another twist to Maryland Boulevard traffic

DIO

The planned traffic change for Maryland Boulevard this week has been revised to add yet another twist to the detours.

Traffic damage to the median pavement at the Bush River/Deer Creek Loop intersection must be repaired before the two-way traffic changeover to the outbound lanes can occur. Consequently, there will be an intermediate traffic pattern consisting of a single lane of one way traffic in the right inbound and outbound lanes of Maryland Boulevard to allow those repairs. This pattern will be very similar to the earlier single lane pattern where the left (center) lanes in each direction were closed.

Immediately upon completion of the pavement repairs, the full transition to two way traffic in the outbound (westbound) lanes will occur.

The anticipated schedule for these changes was for the single lane one-way phase to have started earlier this week. The subsequent transition to the two way traffic in the outbound lanes would then occur today or tomorrow. Additional updates will be provided next week.

Traffic notices are also posted on the APG Internet home page, the 2012 Web site and the APG News Web site.

#### Be alert to construction in Edgewood Area

DLES

On June 23, the Maryland State Highway Administration closed MD Route 755 (Edgewood Road) from the intersection of MD Route 24 to the intersection of Willoughby Beach Road in order to repair drain culverts and repair the road surface. This work is expected to last for at least the next two months.

Detour signs are posted on MD Route 24 directing traffic from MD Route 24 to Trimble/Willoughby Beach Road and then Edgewood Road for entrance and exit onto the Edgewood Area of APG via the Wise/Edgewood Road Gate. The Route 24 Gate and the Wise Road Gate are both operational.

Additionally, renovation construction to the Magnolia Gate will begin on or about July 1. It is not possible to open the Magnolia Gate during this construction. Employees of the Edgewood Area should plan for traffic delays on MD Route 24 and adjust their arrival and departure times accordingly.



# Woodpecker rescued at Edgewood Area Youth Center

Story by  
**RACHEL PONDER**  
APG News

The facility manager for the Edgewood Area Youth Center was driving to work May 28 when she saw a woodpecker fly into the center’s brick wall and fall to the ground next to the teen lounge.

“I was watching another bird carrying twigs for a bird’s nest, when the next thing I know I see a woodpecker fly into the building,” Norma Warwick said.

Warwick and Renee Main, program manager for the Edgewood Youth Center, named the woodpecker “Red Woody” and wrapped the bird in a robe they got out of a dress up box, to immobilize it to prevent further injury.

While they were outside, they gave the children from the Child Development Center a quick environmental lesson about woodpeckers.

After talking to the children, they proceeded to call different animal shelters and veterinarians in the area to find a place that would be able to provide medical care for Red



Photos by NORMA WARWICK, EAYOUTH CENTER  
*Norma Warwick, facility manager for Edgewood Area Youth Center, holds a stunned pileated woodpecker after it flew into the center’s brick wall.*

Woody. After receiving medical care to birds. After receiving medical attention, they released Red Woody back into the wild.



*Next, it was off to Bel Air Veterinary Hospital to be examined, treated and released.*

## APG News

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Deadline for copy is Thursday at noon for the following Thursday’s paper.

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# Seven careers come to an end during June retirement ceremony



**Lt. Col. Andy L. Lambert**



**1st Sgt. David M. Arbelle**



**Sgt. 1st Class Mark A. Grimshaw**



**Richard C. Albins**



**Stephen G. Fine**



**Suzanne M. Corbin**

Story by  
**YVONNE JOHNSON**  
APG News  
Photos by  
**SEAN KIEF**  
APG PHOTO LAB

Three Soldiers and four civilians officially ended their careers during the June Retirement ceremony at Top of the Bay June 25.

The honorees included Lt. Col. Andy L. Lambert, U.S. Army Cadet Command and Morgan State University; 1st Sgt. David M. Arbelle and Sgt. 1st Class Mark A. Grimshaw, U.S. Army Ordnance Mechanical Maintenance School; Richard C. Albins, and Suzanne M. Corbin, Aberdeen Proving Ground Garrison; Stephen G. Fine, U.S. Army Chemical Materials Agency; and Nelson E. Ditzler, U.S. Army Aberdeen Test Center.

In a separate ceremony, Carol Nye retired June 24 after 42 years at the U.S. Army Ordnance Center & Schools.

Brig. Gen. Michael B. Cates, commander of the U.S. Army Center for Health Promotion and Preventive Medicine presided over the ceremony assisted by Garrison Command Sgt. Maj. Pedro Rodriguez.

Chaplain (Maj.) Young D. Kim offered the opening prayer, asking for blessings for the retirees and their families.

“May you continue to bless them and grant them long lives so they may enjoy the fruits of their labor,” Kim said.

The U.S. Army Materiel Command Band brass quintet provided music for the ceremony, and Janet Dettwiler, director of Human Resources, narrated the program.

Cates thanked the audience for taking the time to attend and “honor these special people.”

“We recognize these extraordinary individuals for all they have given - time energy and talents - to make our nation secure and our Army the best in the world,” Cates said.

Noting that they came from unique areas of the proving ground, he thanked the retirees and their families for their service and sacrifice and said that they “remain a part of the APG Family.”

“[Your] unwavering leadership in support of the Warfighter has had a tre-

mendous impact on many lives,” Cates said. “We are proud to have known and served with all of you.”

**Lt. Col. Andy L. Lambert**

Lambert was awarded the Department of the Army Certificate of Retirement and the Presidential Certificate of Appreciation. He will receive his military service award at a later date. His wife Stacey received the DA Certificate of Appreciation.

Born in the Bronx, N.Y., and raised on Long Island, Lambert joined the Army in 1974. His past assignments include Fort Jackson, S.C., Germany, Saudi Arabia and Kuwait, and his awards include the Defense Meritorious Service Medal, Meritorious Service Medal, Army Commendation Medal and Army Achievement Medal.

Lambert ends his 29-year career as a professor of Military Science, U.S. Army Cadet Command and Morgan State University.

He and his wife have two sons, Anthony and Alan. His retirement plans include continuing to serve Soldiers and their Families by working as a DA civilian in the operations arena.

**1st Sgt. David M. Arbelle**

Arbelle was awarded the Meritorious Service Medal, DA Certificate of Retirement and Presidential Certificate of Appreciation.

A native of New Orleans, La., Arbelle joined the Army in 1987 and completed Advanced Individual Training in the Ordnance Corps as a 63D, self-propelled field artillery systems repairer at APG.

His past assignments include Germany, Fort Stewart, Ga., Korea, Fort Carson, Colo., and APG.

Completed combat tours include Operations Desert Shield/Storm; Vigilant Warrior and Iraqi Freedom.

His awards and decorations include the Bronze Star, Meritorious Service, Army Commendation and Global War on Terrorism medals.

Arbelle’s wife Claudia and their two children were in Colorado and unable to attend the ceremony but his father Robert Arbelle was in the audience.

Arbelle culminates his 21-year career as the first sergeant of Headquarters and Headquarters Company, 16th Ordnance Battalion, OMMS.

**Sgt. 1st Class Mark A. Grimshaw**

Grimshaw was awarded the Meritorious Service Medal, DA Certificate of Retirement and Presidential Certificate of Appreciation. His wife Elizabeth received the DA Certificate of Appreciation.

Grimshaw officially retires Sept. 30 with more than 21 years of service. He ends his career as the staff and faculty development officer with the Directorate of Instruction, 61st Ordnance Brigade, OMMS.

Grimshaw was born in Bellflower, Calif. He enlisted in the Army in 1987, attended basic training at Fort Dix, N.J., and AIT at Fort Belvoir, Va.

His past assignments include Fort Bragg, N.C., Schofield Barracks, Hawaii; and APG. Combat tours include Operations Desert Shield/Storm

and Iraqi Freedom.

His awards and decorations include the Army Commendation, Army Achievement, Saudi Arabia-Kuwait and Global War on Terrorism medals.

He and his wife Elizabeth reside in North East, Md., with their six children.

**Richard C. Albins**

Albins was awarded the DA certificates of retirement and appreciation and his wife Joy received the APG Certificate of Appreciation.

He ends his career as a safety and occupational health specialist with the Installation Safety Office. He retired July 3 with 33 years of service.

A native of Noel, Mo., Albins holds a bachelor’s degree in traffic safety and education and a master’s in industrial safety from Central Missouri State University.

He began his federal career with the National Aeronautical and Space Administration in Cleveland, Ohio, then entered the Army Safety Program at Fort Benning, Ga., subsequently serving as safety manager at the U.S. Army Recruiting Command, Fort Sheridan, Ill. He accepted a position with APG’s U.S. Army Test and Evaluation Command in 1980 and after eight years moved to the Directorate of Safety, Health and Environment. Since then, he has served as team leader, special projects officer, act-



**Nelson E. Ditzler**



**Carol Nye**

ing chief, guest speaker and subject matter expert at local and DA level events.

His design and development of software applications for safety programs and hazard tracking are in use at several Army installations and Department of

Defense agencies.

Albins’ retirement plans include traveling, spending time at the beach and tackling home improvement projects. He and his wife Joy have two grown sons, Joshua and Drew.

See RETIREMENT, page 13





# Working outdoors in hot, humid conditions

Story by  
**BILL ALCARESE**  
*APG Installation Safety Office*

The hot summer months pose hazards for outdoor workers. When the body is unable to cool itself by sweating, heat induced illnesses can result. Construction workers are physically hard pressed during any season but especially during the summer months.

Understanding and recognizing the signs, symptoms and factors leading to heat stress is a means to prevent personal injury and illness.

The factors leading to heat stress include high temperature and humidity, working in the direct sunlight, limited air movement, physical exertion especially when in poor physical condition, insufficient water intake, and being under the influence of certain medications.

The following are the four types of heat disorders:

Heat stroke, the most serious heat related disorder, occurs when the body temperature regulations fail and the body temperature

rises to a critical level. Heat stroke can be fatal. The primary signs and symptoms are confusion, irrational behavior, loss of consciousness, convulsions, a lack of sweating, hot, dry skin and an abnormally high body temperature.

Heat exhaustion is a result of the combination of excessive heat and dehydration. Signs and symptoms include headache, nausea, dizziness, weakness, thirst and giddiness.

Heat cramps usually are caused by performing hard physical labor in a

hot environment and not taking in sufficient water replenishment.

Heat rashes occur when the skin is persistently wetted by unevaporated sweat.

Workers showing signs of heat related disorders should be placed in a shady cool area and be provided with fluids. In extreme cases, the worker should be doused with cool water and professional medical attention should be sought.

Administrative work practice controls can offset heat effects. These con-

trols include acclimatizing workers by exposing them to work in hot environments for progressively longer periods, have workers drink one cup of cool water in 20 minute intervals, reduce or minimize physical demands in hot work environments, provide intermittent rest breaks in cool areas, reschedule as best as practical certain tasks during the cooler part of the day, and physically monitor high risk workers by checking heart rate and oral temperature.

According to the U.S. Department of Labor, it

has been demonstrated that accident frequency tends to be higher in hot environmental conditions. Working in hot environments can lower mental alertness and physical performance. Such conditions promote irritability, anger and other emotional states which can lead a worker to overlook safety procedures.

Lessening heat stress conditions helps assure a safe workplace.

And always remember, a safe worker is a productive but more importantly a happy worker.

## Safety reminders for walkers, joggers, runners

*APG Installation Safety Office*

All individuals (military or civilian, including contractors) must wear reflective belts while walking, jogging or running on Aberdeen Proving Ground roads. Belts will be worn over the right shoulder and down under the left arm at all times.

Individuals (military or civilian) walking, jogging or running alone or

in small groups will do so on the sidewalk if at all possible. If no sidewalk is available, individuals and small groups will walk, jog or run facing oncoming traffic in a single file as close to the shoulder of the road as possible.

Groups will be no more than two abreast on sidewalks and will avoid pedestrians.

Troop formations, walkers, jog-

gers and runners are prohibited on Aberdeen, Harford, and Maryland boulevards and Boothby Hill Road in the Aberdeen Area and Hoadley Road in the Edgewood Area.

All individuals are also prohibited from using headphones, earphones and cell phones or going shirtless while walking, jogging or running on the installation.

## Commentary: Leader’s job is accountability

By  
**BRIG GEN WILLIAM H. FORRESTER**  
*U.S. Army Combat Readiness/ Safety Center*

We all hear about the positive impact engaged leadership at all echelons makes toward protecting

our Soldiers, civilians and Families and decreasing accidental loss. But who provides that leadership? Who are the leaders in our Army responsible for taking accountability for safety? Your answer is “me.”

Every member of our Army team is a leader. Each person makes a difference in preventing accidents, engaging in safety practices both on and off duty, and mentoring and bridging the gaps in knowledge for others by sharing their experiences.

But the key to success in decreasing accident losses remains “engagement” – each one of you stepping up, engaging and sharing from the lowest level to the top.

Engagement means your personal involvement – stepping in wherever and whenever the situation calls for it. It can be as simple as just asking the right question at the right time.

For instance, seeing your Family member head out the door to ride a motorcycle without all the proper protective equipment – “Don’t you need all your PPE?” Or watching your buddies put together a spur-of-the-moment road trip – “Have you thought this through? Which one of you is taking responsibility for ensuring a safe ride back for all of you?” How many times have you heard someone, upon learning of a tragic accident, say out loud, “I knew something like that was going to happen. Why didn’t somebody do something?” You are that somebody and you can do something!

That’s how an individual leader makes a difference. But why make such a commitment? Think that is a “no-brainer” question, as well?

Our Army codified our commitment to the team through the Soldier’s Creed. As you well know, within the Creed are four very powerful sentences which are further described as the “Warrior Ethos.” The last line of the “Warrior Ethos” states, “I will never leave a fallen comrade.” But when is a comrade fallen? Obviously, we have fallen comrades on the mountains above the Shahi-Kot Valley and in the streets of Fallujah. But don’t we also have fallen comrades in the bars of Itaewon, in our own formations and even inside their own homes? Aren’t these comrades also worthy of our engagement?

So, we remain committed to our comrades by engaging and remaining engaged at every level required. Only together can we reduce accidental losses to their lowest levels yet.

This year, we are on our way to achieving that goal. This is the result of each one of you stepping up every day and actively



# Commentary: A day on the creek

By **BILL ARMSTRONG**  
*APG Wildlife and Marine Law Enforcement Division*

“Why are you getting up so early?” my wife asked, as I reached over and turned off the alarm on the clock radio. “It’s 4:30 in the morning! It’s not time to get up yet.”

“I’m not going in today,” I responded, referring of course to work. “I need a day off. That lady down there at the *APG News* is driving me crazy with her deadlines. I’m going to practice retirement, I’m going fishing.”

Kicking off the covers and padding down the hall to the kitchen, I put the coffee on to brew and headed for the shower. I had a plan all worked out; a quick shower, a hot cup of coffee and a leisurely 30-minute drive to one of my favorite trout streams. With any luck I’d be on the creek with my fly-rod at first light.

What’s that they say about the best laid plans of mice and men? When I emerged from the shower, the smell of freshly brewed coffee was just what the doctor ordered. The only problem was, I forgot to put the coffee pot under the brewer, and now I had 12 cups of coffee all over the countertop and the floor. Responding to my loud choice of words when I discovered my error, my wife made her way to the kitchen, and between her giggles at the sight of me on my hands and knees cleaning up the mess, she asked, “I suppose you remembered to get your fishing license?”

“Of course I did,” I lied. “You ought to be ashamed of yourself, asking me a dumb question like that. What do you take me for, a law breaker?”

Needless to say I had completely forgotten about needing to buy a license. Oh well, I thought to myself, I’ll get one on the way, not thinking it was 5 a.m.

Well, I’m not going to go into all of the wretched details about where I ended up going to get my fishing license, or how long it took me, let’s just say it was going on 10 o’clock by the time I negotiated my way down the mountain via a “short-cut” that was suggested to me by someone I used to think of as a friend and a former trout fishing companion.

By the time I finally waded out into the stream with my fly rod, the sweat was running off of me so bad, it sort of reminded me of Hillary Clinton the day before the democratic primary in Pennsylvania.

Now for those of you who aren’t trout fishermen, 10 a.m. is not the best time of day to catch a trout. It’s been my experience that most of them tend to take a nap in the middle of the day, especially if they’ve been up since daylight looking for something to eat, therefore I wasn’t

expecting too much, and I’m glad that I wasn’t, because that’s what I caught: two little brown trout not much bigger than the fly they tried to eat.

The remainder of the morning I spent playing ‘peek-a-boo’ with a young beaver who was mad at me for being in his space.

All in all though it wasn’t such a bad day, the sarvis and red-bud were blooming and I had the creek all to myself, which made it all worthwhile.

The only downer came when I began my hike back up the mountain.

Being the experienced outdoorsman that I am, I had anticipated the climb out of the canyon and had hidden a liter of “Gatorade” in a little nook in the creek, hoping that it would remain ice cold and provide me with some much needed refreshment on my way out. If I hadn’t finally given up, I’m sure I would probably still be there looking for it. Either

I forgot where I hid it, or else the beaver got even with me for my lack of manners. So much for my contingency plan.

Anyway, it got me out of the office for the day; and it sure felt good not having to answer the #&\$# telephone. If anyone is interested in the area where I was fishing, it’s the upper Gunpowder River up around Monkton and Hereford, and it’s a terrific ‘catch and release’ trout stream. The stream is a part of the Gunpowder Falls State Park complex, and in addition to the trout fishing, the park has a great walking and bicycle path at Monkton, plus several miles of hiking trails along the river. If you would like further information, contact the Gunpowder Falls State Park, 410-592-2935.

And by the way, the reference I made about the lady at the *APG News* and her deadlines, that was just for fun, she’s a peach and so are the other folks up there.

## APG Forum

# A message from the Adjutant General

As the Army’s Senior Service Voting Representative, I strongly encourage you to participate and cast your vote in the 2008 General Election.

Voting is the essence of our democracy and one of our most fundamental Constitutional rights.

Our elected officials have very important jobs; the good news is, you have a voice in who is elected to do them...if you vote.

You can exercise your right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which you vote. The FPCA Standard Form 76, or other request, should be mailed or sent electronically as soon as possible. You should then receive your absentee ballot as requested.

The Federal Voting Assistance Program has been working with the states to allow ballots to be submitted and received electronically. Mailing guidelines differ from state to state; therefore, we recommend you check your state’s guidelines by contacting your Unit Voting Assistance Officer, the APG Voting Assistance

Officer Maj. Mathiew Petraitis, 410-278-3000 or by visiting the Army Voting Assistance Program Web site, [www.vote.army.mil](http://www.vote.army.mil).

It is imperative that you complete and send in your ballot immediately to ensure it is received by your hometown local election officials no later than your state’s deadline.

If you are an overseas voter and have not received your regular absentee ballot 30 to 45 days prior to your state’s deadline, you should complete a Federal Write-in Absentee Ballot and send it to your local election official. If you later receive your absentee ballot, you should also complete and send it in for processing.

The 2008 General Election is quickly approaching, so don’t wait until the very last minute to register and or send in your absentee ballot.

Be smart. Do your part. Vote!

**Brig. Gen. Reuben D. Jones**  
The Adjutant General

## Veterans’ Voices

# GSA helps VA reach out to combat veterans

**GSA**

Veterans of America’s armed forces will have improved access to medical services thanks to a new call center established by the U.S. General Services Administration at the request of the U.S. Department of Veterans Affairs.

Of some 850,000 veterans deployed to the Global War on Terror, more than 550,000 have not utilized the Veterans Health Administration for any health care needs.

GSA, using its USA Contact contract vehicle, has set up the “Combat Veteran Call Center” to help its sister agency inform combat veterans of Operation Enduring Freedom and Operation Iraqi Freedom of VA’s medical services and other benefits.

“This is a mission we take on with great pride,” said Martha Dorris, GSA deputy associate administrator for Citizen Services. “We owe it to our veterans to make sure they receive the benefits and services they need and deserve.”

USA Services, in GSA’s Office of Citizen Services, administers the USA Contact contract.

To learn more about the USA Contact contract vehicle and other USA Services programs, visit <http://www.usaservices.gov>.

# Amnesty

*From front page*

guidelines could result in notification of the Garrison housing office, and the Garrison commander for appropriate action, which could result in the loss of quarters until the individual offering

unauthorized child care is certified.

Patrons with children in an unauthorized program are urged to remove their children from child care if the provider refuses to become certified.

Aphrodite Corsi, the Family Child Care Director, said that there are many benefits to being an FCC

provider.

“FCC providers receive extensive child care training at no cost, and have access to free loan equipment and materials, USDA food program reimbursements, financial incentives and have a built in support network,” Corsi said.

The FCC Amnesty Plan is also beneficial to chil-

dren in that it guarantees that they are receiving supervision by a provider who has training, extensive background clearance and checks and who is frequently monitored.

For further questions about the FCC Amnesty Plan, or to become certified, contact Corsi, 410-278-7477.

# Leaders

*From page 4*

honoring your sworn commitment to your comrades.

By exercising ownership of our Army, we enter into a culture that strives to continuously reduce our accidental losses to levels never before achieved, where we truly operate as a “Band of

Brothers.”

Thank you for all you do to keep our Soldiers, Families and civilians safe. Remain engaged and continue supporting safety transformation, changing the safety climate throughout the Army and sharing lessons learned to prevent the next loss. You make the difference.

Army Safe is Army Strong!



# Community Notes

**FRIDAY  
JULY 11  
PICAROONS OF  
HAVRE DE GRACE**

Join the crew of the Martha Lewis for adventure, fun and plunder as they learn about Pirates of the Chesapeake Bay called ‘picaroons’ from the Spanish picaroon, a rogue. Children ages 11 to 15 can join the crew of the Martha Lewis, 9 a.m. to noon, for adventure, fun and plunder. Reservations are required. Cost is \$20 per person. For more information or for reservations, call 410-939-4078.

**MARGARITAVILLE CRUISE**

The Chesapeake Heritage Conservancy, Inc. will offer a Margaritaville Cruise, 7 to 9 p.m., on the Skipjack Martha Lewis. Tickets cost \$40 per person (21 years of age or older). Set sail with island tunes, light refreshments. Margaritas, beer and soda included. Reservations are required. For more information or for reservations, call 410-939-4078.

**SATURDAY  
JULY 12  
BUGGIN’ OUT**

Search the park high and low to discover what insects creep and crawl around. This program will be held 10 to 11 a.m. for ages 4 to 12, 4 to 8 with an adult. The program is free but registration is required. For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-

1688 or 410-879-2000, ext. 1688.

**LOWTIDE EXPLORATIONS**

Come cool off walking along the beautiful shoreline of Otter Point Creek. What will be observed while exploring? This program will be held 12 to 1 p.m. for all ages, under 12 with an adult. The program is free but registration is required. For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**HORSESHOE TOURNAMENT AND PIG ROAST**

American Legion Susquehanna Post 135, located on 300 Cherry Street, Perryville, will hold a Horseshoe Tournament and Pig Roast, 1 to 5 p.m. Draw for teams; double eliminations. Entry fee costs \$20 per person and includes pig roast for players. Food and beverages available for purchase. Practice now by asking bartender for horseshoes. For more information, call 410-642-2771.

**HOME SWEET HOME**

Join a naturalist to discover why animals pick certain places to call home. Go on a short walk to search for animal homes in the park. This program will be held 1:30 to 2:30 p.m. for ages 7 to 12. The program is free but registration is required. For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-

1688 or 410-879-2000, ext. 1688.

**SUNDAY  
JULY 13  
DISCOVERY WALK**

Join a naturalist on a nature walk to discover what creeps, crawls, and flies around Leight Park. This program begins at 10:30 a.m. and is free for all ages. No registration required. For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**PULLING APART PELLETS**

Ever wonder what an owl eats? During this program owl pellets will be dissected, the leftovers an owl leaves after eating a meal, a program not for the squeamish. This program will be held 1 to 2 p.m. for ages 7 to 11. The cost is \$5 and registration is required. For information, regis-

tration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**HONEYBEES – PROBLEMS AND CHALLENGES FACING HONEYBEES**

Explore the fascinating world of the honeybee through lecture and field experiences. This program will be held 2:30 to 4:30 p.m. for ages 8 to adult, 8 to 12 with an adult. The cost is \$4 programs and registration is required. For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**VACATION BIBLE SCHOOL**

Edgewood Baptist Church, located on 422 Edgewood Road, will hold Vacation Bible

School, 6:30 to 9 p.m., July 13 through 17, for ages infant through adults. This year’s theme is “Unshakeable Outrigger Island, God’s Unshakeable Truth, Psalm 86:11.” Come and join the exciting Hawaiian tropics while studying God’s word through this exotic adventurous theme discovering the unshakeable truths of the Bible. Family night will be held 6:30 to 9 p.m., July 18 at the church. For more information or for registration call 410-676-5838.

**WEDNESDAY  
JULY 16  
JOB FAIR**

Teledyne Brown Engineering will host a Job Fair, 10 a.m. to 2 p.m., at the SpringHill Suites by Marriott Edgewood, located on 1420 Handlir Drive, Bel Air. Positions available include senior computer

programmer; senior military modeling and simulation analyst; mid level training and evaluation analyst; senior training and evaluation analyst; program manager; and TBE single point representative for the Aberdeen Area. Participants should bring a current resumes. Participants must be able to obtain or currently hold a secret clearance for these positions. Teledyne Brown Engineering offers competitive salaries and a complete benefits package. For more information or for immediate consideration, visit <https://www.tbe.com/careers>, and complete an online employment application or call Louis Whitlow, Human Resources, recruiter, 256—726-1446, fax 256-726-3570.

*(Editors Note: More calendar events can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Community Notes.)*

## Sports physicals for 2008 - 2009 interscholastic athletics

Students from any school may take advantage of the athletic physical opportunities listed below. Call the school or medical facility listed below to schedule an appointment with the physicians providing examination services. NOTE: All exams require an appointment and no walk-ins will be accepted.

Tuesday	July 15	Harford Primary Care	3:00	410-638-8900	Dr. McClure	\$20	Cash
Saturday	July 26	Union Memorial Sports Medicine	9:30	410-638-9400 Option 2	Staff Physician	\$15	Cash
Monday	August 4	Bel Air HS	3:30	410-638-4600	Dr. Sparks	\$20	Cash
Monday	August 4	Fallston HS	6:00	410-638-4120	Dr. Litwak	\$20	Cash/Ck
Wednesday	August 6	Fallston HS	6:00	410-638-4120	Dr. Litwak	\$20	Cash/Ck
Monday	August 11	Bel Air HS	3:30	410-638-4600	Dr. Sparks	\$20	Cash
Monday	August 11	Havre de Grace HS	3:30	410-939-6600	Dr. McClure	\$20	Cash

## Post Shorts

placed at three intersections – where Aberdeen Boulevard forks into Collieran Road and Longs Corner Road; where Johnson Street intersects Longs Corner Road; and where Longs Corner Road intersects Plum Point Loop. The shutdown will begin at approximately 8:30 a.m. and will last about 90 minutes. During this time traffic will be diverted to an alternate route.

**BJ's membership still available**

Additional dates have been added for membership with BJ's Wholesale Club. A BJ's representative will be at the Edgewood Area Stark Recreation Center, 11:30 a.m. to 1:30 p.m., July 23 and 11:30 a.m. to 1:30 p.m.,

July 29 at the Aberdeen Area Recreation Center. For more information, call Patti Harkins, assistant funds manager, Civilian Welfare and Post Restaurant Fund, 410-273-2075 or 410-278-4603.

**Nominations due for Women's Equality Day awards program**

In recognition of Women's Equality day, APG will hold an awards program, 10 a.m., Aug. 26, at the U.S. Army Ordnance Center and Schools, Ball Conference Center, building 3074. Awards will acknowledge those individuals and organizations exemplary in their support of the Federal Women's Program objectives. Award categories are

Outstanding Woman of the Year, Outstanding Supervisor/Manager of the Year and Activity Most Supportive of FWP Goals. Nomination packets are due by July 23. For more information, call Susan Church, 410-278-3672, or Diane Siler, acting FWP manager, 410-436-2681.

**JETS, USO-Metro host job fair**

The Joint Employment Transition Services, or JETS, and the USO of Metropolitan Washington will host a job fair, 10 a.m. to 2 p.m., July 25, located at the Spates Community Club, located on 214 McNair Road, Fort Myer, Va. Employers include area police and fire departments, federal agencies, health care agencies, defense and government contractors are participating to discuss job openings with candidates. All military I.D. card holders are eligible to attend. Military personnel should bring resumes and be prepared for on-site interviews. No children please. For more information, call Dawn Fincham, 703-805-4277, e-mail dawn@

usometro.org or Cassie Camp, 703-805-2464, e-mail cassie@usometro.org.

**Register for next Strong Bonds seminar**

Register now for the next “Strong Bonds,” an all-expense paid three-day, two-night couples training conference July 31 through Aug. 2 for 14 married couples. The training will be held at the Harbor Inn Hotel, St. Michaels, Md. To register, visit <https://www.strongbonds.org/>. For more information, contact the APG Chaplains' Office, 410-278-4333.

**No emergency service at KUSAHC**

Kirk U.S. Army Health Clinic is not equipped or staffed to provide emergency medical care. Neither the Aberdeen Area nor Edgewood Area clinics should be considered suitable destinations to receive healthcare for a medical emergency. For emergencies, call 911. APG's EMS service is manned with paramedic-

level emergency medical technicians and state-of-the-art equipment to provide emergency care while en route to local hospitals.

**Phone number for Wildlife and Marine changes**

The new telephone number for the Wildlife, Marine and Environmental Law Enforcement Office in the Edgewood Area is 410-436-6181.

**CPR, AED classes available**

Aberdeen Proving Ground Fire and Emergency Services is offering CPR and automated external defibrillator classes on APG. Two classes will be held 9 a.m. to noon and 1 to 4 p.m., the third Wednesday of each month. In the Edgewood Area, classes will be held at the Gunpowder Club, building E-4650 in the Osprey Room, on Aug. 20, Oct. 15 and Dec. 17. In the Aberdeen Area, classes will be held at the Post Theater July 16, Sept. 17 and Nov. 19. Class size will be limited

to 30 participants and will be filled on a first-come-first-serve basis. Pre-registration will be required. For more information or to register, call Raymond Campbell, 410-306-0566, or e-mail Ray.Campbell@apg.army.mil.

**Volunteers needed for Retiree Council**

The Aberdeen Proving Ground Retiree Council is being revitalized. The purpose of the council is “to provide the commander of Aberdeen Proving Ground, installation commander, Fort George G. Meade, Md., and the U.S. Army an insight into the problems and issues expressed by retirees residing on APG and surrounding areas.” To help accomplish this, the APG Retiree Council is seeking volunteers to serve on the council. Interested parties should send an e-mail with contact information to: ricky.godbolt@us.army.mil or jatraino@aol.com.

*(Editors Note: More Shorts can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Shorts.)*

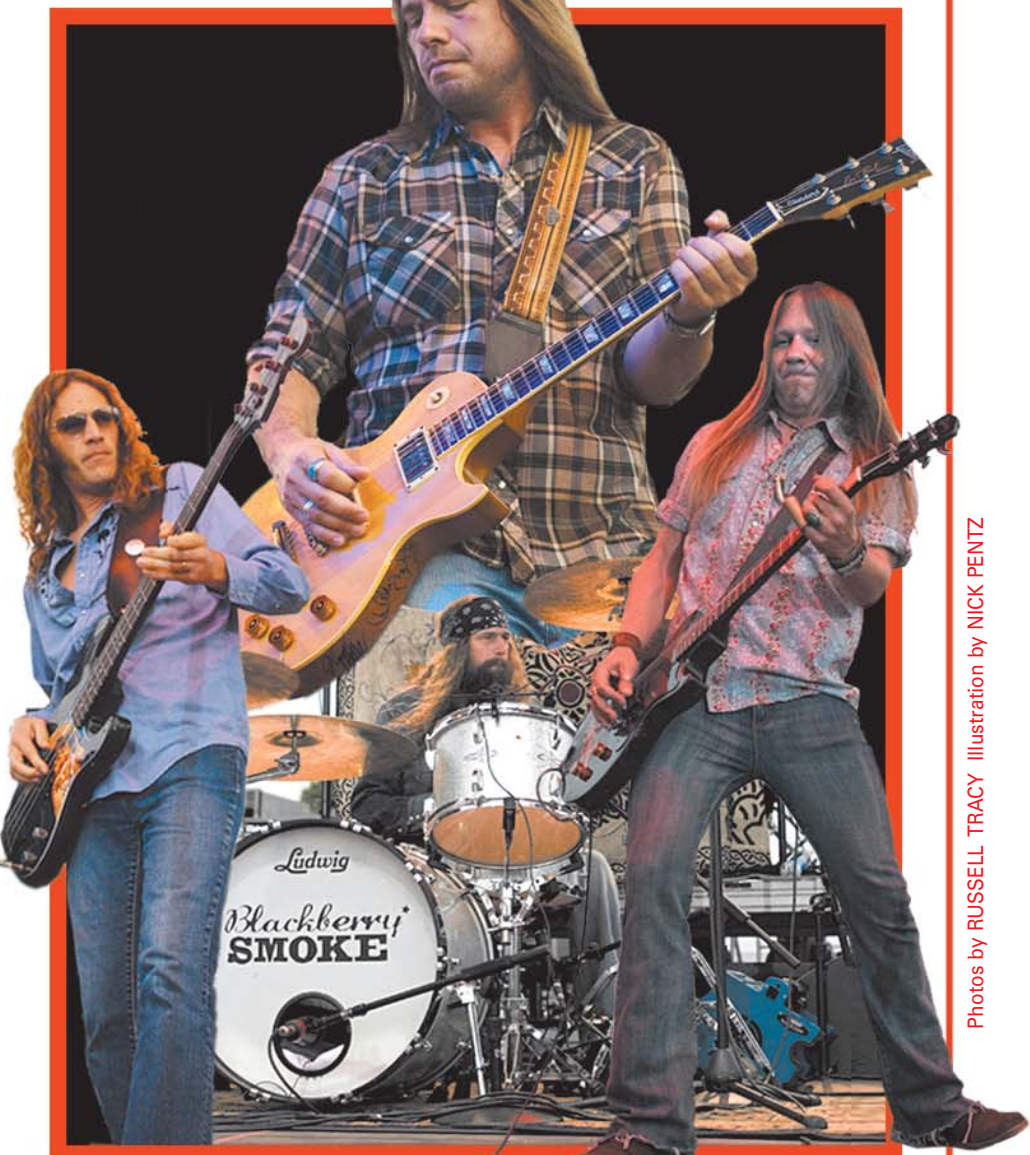




ZZ Top



Blind Melon



Blackberry Smoke

Photos by RUSSELL TRACY Illustration by NICK PENTZ

# ZZ Top brings rock 'n' roll, good time to APG

Story by  
**RACHEL PONDER**  
APG NEWS

For much of the Aberdeen Proving Ground community, the annual Army Entertainment concert is the most anticipated entertainment event of the year, and with legendary southern rock group ZZ Top headlining the concert, the night was a crowd-pleasing success.

The concert, held at the Shine Sports Field June 22, brought more than 7,000 fans, which was better than anticipated.

The event was hosted by Family and Morale, Welfare and Recreation and supported by its sponsors: Chase Bank and Bud Light.

Law enforcement officers from the Directorate of Law Enforcement and Security oversaw traffic control and hundreds of volunteers, including Soldiers, Marines, Airmen and Family members, worked the gates and concessions and conducted cleanup operations.

Blackberry Smoke, an up-and-coming southern rock band from Atlanta, Ga., gained new fans by opening the concert playing "Sanctified Woman," "Testify," and "Up in Smoke," which is featured on the EA video game NASCAR '08. They ended their set by playing "Freedom

Song," which they dedicated to the military.

"I want to thank all of you for putting yourself on the line every single day," said lead singer Charlie Starr.

Blind Melon followed Blackberry Smoke with older hits like "No Rain," "Soup," "Time" and "Galaxie" as well as new songs like "For My Friends" and "Sometimes."

"It is an honor to play for you. Thanks so much for having us," said Travis Warren, Blind Melon's lead singer.

He added that it was a dream of his to open for ZZ Top.

"My first cassette tape was ZZ Top's 'Eliminator,'" he said.

The crowd chanted "ZZ Top!" "USA!" and "Hoo-ah!" before ZZ Top took the stage.

"I am excited to see ZZ Top. It is great to be able to come to a concert so close," said Pvt. Joshua Markin, from Company C, 16th Ordnance Battalion, who was able to get a prime spot in the first row.

When ZZ Top took the stage, they opened with the energetic hit "Gimmie All Your Lovin,'" which revved up the crowd for other hits like "I'm Bad I'm Nationwide," "Under Pressure," "Cheap Sunglasses" and "Sharp Dressed Man."



Photo by RACHEL PONDER

From left Pvt. Joshua Markin, Jacob Parsely, Nicolas Barker, Lonner Meek, and Jose Chavolla from Company C, 16th Ordnance Battalion, eagerly anticipate the performances of ZZ Top, Blind Melon and Blackberry Smoke during the annual Army Entertainment concert held at Aberdeen Proving Ground's Shine Sports Field June 22.

Despite a brief rain shower, fans sang and danced along with the music.

Many fans in attendance said they grew up listening to ZZ Top songs.

"I have been listening to them since I was a kid in the seventies," said Linda Gilbert, a classic rock fan. "This is the first time I have seen them live."

"We have been doing this with y'all for thirty-five years," said Billy Gibbons, the lead vocalist for the band. "I'll tell you what. We are going to play some old ones and some new ones and everything in between. How about some low-down dirty blues?" he added, and the crowd cheered.

ZZ Top concluded the

concert by playing "Tube Snake Boogie," "La Grange" and "Tush."

Fans said that they put on a good show.

Kameron DREWEN, from New Park, Pa., said "I really enjoyed hearing Blackberry Smoke for the first time. I wanted to go to this concert because I think that ZZ Top are talented musicians, and my dad and I

like to go to classic rock concerts."

DREWEN added that he enjoys going to rock concerts because he plays guitar and has been in a few rock bands of his own.

His father, Bryan DREWEN, added that "ZZ Top put on a great show."

For more information on upcoming FMWR events, visit [www.apgmwr.com](http://www.apgmwr.com)



Paul Jackson, guitarist and vocalist for Blackberry Smoke, performs "Sanctified Woman" for the crowd.

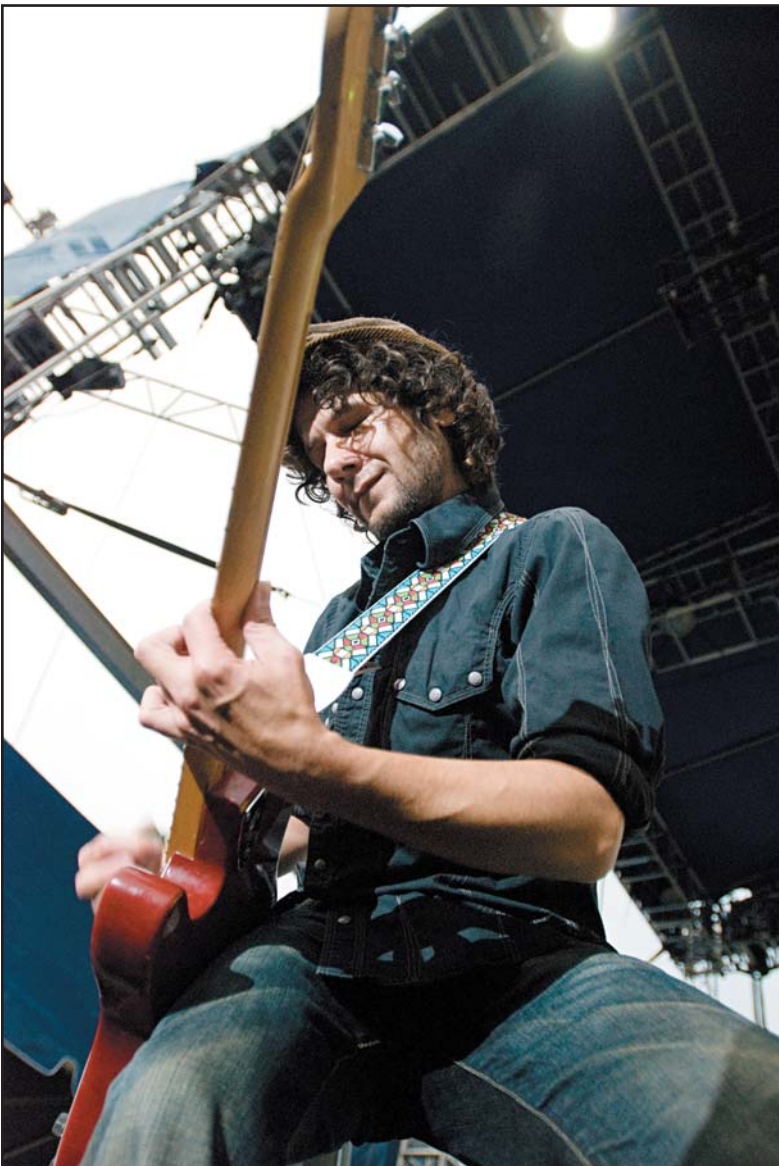


Photos by RUSSELL TRACY

Fans gather at the stage before the concert, hosted by Family and Morale, Welfare and Recreation and supported by sponsors, Chase Bank and Bud Light.



Fans rushed to get front row and the best view of performers.



Christopher Thorn, guitarist for Blind Melon, rocks out to the music.





Dr. Gerardo Melendez, left of sign, director of the Command and Control Directorate, cuts a ribbon to celebrate the first C2D facility at Aberdeen Proving Ground. Garrison Commander Col. Jeffrey Weissman, right of sign, and the rest of the C2D team toured the facility following the ribbon cutting.

# C2D holds picnic, ribbon cutting at APG

Story by  
**STEVE ROCHETTE**  
RDECOM

More than 60 U.S. Army Communications-Electronics Research, Development and Engineering Center employees gathered June 26 at Woodpecker Park overlooking the Chesapeake Bay to barbecue, socialize and learn about the Aberdeen Proving Ground community during a picnic and ribbon cutting ceremony.

The Command and Control Directorate, a subordinate element of the CERDEC, organized the event for its personnel. C2D has teams at Fort Monmouth, N.J., and Fort Belvoir, Va. scheduled to move to APG as part of the Base Realignment and Closure Law.

Dr. Gerardo Melendez, director of C2D, said the picnic was held to educate the workforce and maintain employee morale during the ongoing BRAC move.

“We’re seeing great exchanges today between employees,” Melendez said. “People are fully engaged and getting valuable information about APG and the local community. Our goal is for the staff to be able to make informed decisions.”

Maj. Gen. Fred D. Robinson Jr., commanding general, U.S. Army Research, Development and Engineering Command, said such events are important for team building.

“This is about coming together to

share experiences,” he said. “It’s also about uniting as a team and that’s the key to success - people working as a team toward a common goal.”

Of the C2D employees at the picnic, some have already moved to APG; others are re-locating by the end of the fiscal year, while the remaining staff members are considering their options.

Marnie de Jong, a C2D electronics engineer, has been at APG since January and has shared her recent experiences with her colleagues.

“A lot of people from the directorate ask me about the move, and the best advice I can give is to come and see what the area is about and to be open to change,” she said. “So far, I love it - I’ve met a lot of great people, and the area is beautiful.”

For Anni Tsai, a computer scientist moving to APG in the fall, the growth of APG and an increase in professional opportunities were significant factors in her decision. She praised the directorate for providing tremendous support during the process.

“C2D really has its act together,” Tsai said. “I’ve received great help from the human resource specialists and much needed management support. There are also sponsors available for people considering coming down here.”

Melendez, CERDEC and the C2D leadership have taken an

active approach throughout the process.

Surveys and questionnaires were sent to employees and numerous formal and informal discussions were conducted in an attempt to educate the staff of opportunities at APG. Initial estimates suggested 20 percent of the C2D workforce would relocate.

“Considering C2D is still several years from the final move and we have half of our original estimate already working at APG or moving down by the fall, we are in a good place,” Melendez said.

The directorate also has a new place to conduct its research as they celebrated the opening of their first facility on APG.

The newly renovated building will provide lab space for fuel cell, battery and power generation research.

“This facility is important for us to achieve our mission, but the key for the directorate and our long-term success is people,” said Melendez. “We need to continue getting the right talent and staff in place to achieve our mission.”

C2D is responsible for research and development in the core areas of information and knowledge management; portable and mobile power; platform integration and prototyping; environmental control systems and position and navigation.

# Retirement

From page 3

## Stephen G. Fine

Fine was awarded the DA certificates of retirement and appreciation and his wife received the APG Certificate of Appreciation.

Fine was born in the Bronx, N.Y. He holds a bachelor’s degree in chemistry from Hunter College and a master’s in chemical engineering from Manhattan College.

He is retired from the Army Reserve after serving 31 years as a licensed practical nurse at the 4214th U.S. Army Hospital, Baltimore.

He began his career at APG in 1983 with the U.S. Army Toxic and Hazardous Waste Agency as a chemical engineer working on the Johnston Atoll Chemical Agent Disposal System.

He retires from the Chemical Materials Agency after 22 years heading the Simulation Equipment Test Hardware program and with a combined total of 25 years of service.

He is active in the community as an adult leader with Boy Scout Troop 238 and is an Able Toastmaster.

The Fines live in Forest Hill. They have two sons, Derek, a lieutenant in the Coast Guard, and Keith, a second lieutenant and graduate of the U.S. Military Academy at West Point.

Fine’s retirement plans include spending time with his grandson, Bradley.

## Suzanne M. Corbin

Corbin was awarded the DA certificates of retirement and appreciation. Her husband Tom received the APG Certificate of Appreciation.

Corbin grew up in Blue Grass,

Iowa. She began her federal career in 1972 as a GS-3 clerk-stenographer in a Savanna, Ill., ammunition school. She has been with the Quality Assurance Specialist Ammunition Surveillance (QUASAS) program her entire career. Subsequent assignments have included the Crane Army Ammunition Activity, Crane, Ind.; Fort Shafter, Hawaii; Sierra Army Depot, Calif.; Wonju, Korea; Rock Island, Ill., and APG. She ends her career as the acting chief, Ammunition and Explosives Management Division, Directorate of Installation Operations.

She retired July 3 with nearly 36 years of service.

During her career, she received numerous performance, achievement and on-the-spot awards as well as letters of appreciation and commander’s coins.

Her retirement plans include camping, fishing, traveling and spending time with Family.

## Nelson E. Ditzler

Ditzler was awarded the DA certificates of retirement and appreciation and his wife Carol receive the APG Certificate of Appreciation.

Originally from Pine Grove, Pa., Ditzler enlisted in and served in the Air Force as an aircraft C-130 mechanic from 1965 to 1969. Employed as a welder, he helped build the Fort McHenry Tunnel and repaired rail cars before starting his federal career at APG in 1982.

He retired as an engineering equipment operator in the Firepower Directorate of ATC and his efforts supported the M1 Abrams Tank, Bradley Fighting Vehicle and Mine Resistant Ambush Protected Armored Vehicles.

He retired May 31, 2008 with more than 29 years of service.

Ditzler’s awards include the DA Commander’s Award for Civilian

Service and the State of Maryland Governor’s Citation.

He and his wife have four daughters and seven grandchildren. His retirement plans are to relax, enjoy life and watch his grandchildren grow up.

## Carol Nye

Nye grew up in Whiteford, Md., after graduating from North Harford County High School in 1964. Her federal career began at APG in 1966 when she was hired as a clerk typist. After filling in for a secretary for a few months, she was offered a permanent job in the Ordnance Officer Candidate School where she served until 1968.

She served in the curriculum development division and as secretary to the civilian deputy for the school and secretary to the assistant commandant before becoming executive assistant to the chief of Ordnance in 1992.

“Hopefully, what they will miss is my dedication,” she said. “That’s how I want to be remembered.”

Nye said that her family provided support and stability throughout her career.

Her husband Bill is a retired Harford County Public Schools teacher. They have one son, Michael, a civil engineer, and a daughter-in-law, Brooke, an elementary school teacher.

Nye’s retirement plans include traveling with a local AARP chapter and volunteering at her church.

She said she will miss the people but that she was happy to leave at the same time as Brig. Gen Rebecca Halstead, former OC&S commander who retired June 26.

“Every general that I’ve worked for, including the three that just became four-star generals, have been outstanding in their own ways,” Nye said. “The unique thing about General Halstead is that she’s also a really close friend.”





# FAMILY, MORALE, WELFARE & RECREATION

## Activities/Events

### Job vs. Career class for teen

Army Community Service will hold a Job vs. Career class for teens, ages 13 through 18, 12:30 to 1:30 p.m., July 23, at ACS classroom building 2754.

Today's workforce offers many challenges and rewards. Learning has a tremendous impact on future earnings. Teens will learn the benefit if a career over a job. The ACS Employment Program and Tina Mike, APGFCU Education director, will help guide teens through the job and career preparation process so they can achieve their own employment success.

- Topics include:
- What employers are looking for
  - How to apply for a job
  - Tips on resume writing
  - Interviewing experience

For more information or to enroll teens in this free class, call Marilyn Howard, ACS Employment Readiness, 410-278-9669.

### Smart Start Your Business seminars

The ACS Employment Readiness Program in partnership with Aberdeen Proving Ground Federal Community College Small Business Development Center will sponsor a Smart Start Your Business seminar, 11:30 a.m.

to 1 p.m., July 30, at ACS classroom building 2754. This free 90-minute orientation program provides an overview of how to start a business, the skills and duties of a successful entrepreneur and how to write a strategic business plan.

For more information or to RSVP, call 410-278-9669.

### Baltimore Orioles Games

Purchase tickets for Orioles baseball at Camden Yards:

- Detroit Tigers, 7:05 p.m., July 18
- Chicago White Sox, 7:05 p.m., Aug. 25
- Oakland Athletics, Sept. 7, TBD

- Cleveland Indians, 7:05 p.m., Sept. 9
- Toronto Blue Jays, Sept. 28, 1:35 p.m.

For more information on other Baltimore Orioles games or to purchase tickets, call 410-278-4907/4011.

### Do-it-yourself New York City tours

FMWR has scheduled several day trips to New York City – eight hours for sightseeing, shopping, seeing a Broadway matinee, venturing into China Town and more, July 19, Aug. 16, Sept. 20, Oct. 18 and Nov. 15.

Cost is \$40 per person. The bus will depart 7:55 a.m. and will return 10 p.m. Open to all DoD

card holders.

For more information or to register, call or visit FMWR Leisure Travel Services, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR\_Leisure-Travel@apg.army.mil.

### Summer fitness programs

The Aberdeen Area Fitness Center in building 320 is offering lunchtime and evening fitness sessions through Aug. 30.

Lunchtime sessions, 11:30 a.m. to 12:30 p.m., will be Step and Weighted Bar on Mondays and Strength and Hand Weights on Wednesdays.

Twice weekly on Mon-

day and Wednesday take Step With Joe, 5 to 6 p.m.

Cost is \$44 per session or \$4 per class. At least 12 registrations are needed to hold a session.

For more information, call 410-278-9725 or visit [www.apgmwr.com](http://www.apgmwr.com).

### Adult kayak lessons

Outdoor Recreation will offer kayak lessons for adults, 5 to 7:30 p.m., July 11, 18 and 25 at Skippers Point. Lessons cost \$30 per person. Kayaking lessons will teach the essential skills needed to be a knowledgeable kayaker.

For more information or to sign up, call Fawn Heitman, 410-278-4124.

## SKIES Unlimited

For more information or to register for a SKIES Unlimited class, call the Central Registration Office, building 2752, 410-278-7571/7479. Open to all DoD ID card holders. For an appointment, e-mail [stacie.umbarger@conus.army.mil](mailto:stacie.umbarger@conus.army.mil).

### Drivers Ed

Drivers Education classes are conducted by Rules Driving School, Inc. Monday thru Thursday, 6 to 9:15 p.m. (Classes are also available 2:30 to 5:45 p.m.) During the summer schedule classes will only be offered 2:30 to 5:45 p.m. There are no classes on federal holidays.

Classes are held in Aberdeen at the Community Center, 34 N. Philadelphia Boulevard, room 304, July 14 thru 29

and Aug. 4 thru 19. For more information about the Edgewood Area class, call 410-278-7571.

Class includes 30 hours of classroom instruction and 6 hours of behind-the-wheel instruction.

Cost is \$295 per student. Last day to register for the class is one week prior to the first class. Students must be between 15.9 and 18 years of age. Parents must attend the first day of class. Open to all DoD ID cardholders.

### SAT preparation

Child and Youth Services will hold Scholastic Aptitude Test preparation classes, 8 a.m. to 3 p.m., Aug. 4 through 8, at CYS Administrative Offices, building 2752 Rodman Road for students in grades

9 through 12.

Students can be a step ahead for the SAT. Classes will assist students in sharpening the verbal skills needed for being successful when taking the SAT. The class also prepares students for the SAT math exam, covering basic math skills including algebra and geometry.

Classes cost \$170 per student and includes textbook and are open to all DoD ID card holder Family members.

To register or to make an appointment, call the Central Registration Office,

410-278-7571/7479.

For more information, call 410-278-4589 or e-mail [Stacie.umbarger1@conus.army.mil](mailto:Stacie.umbarger1@conus.army.mil).

### Free babysitting course

Become a certified babysitter after taking the free 4-H/Army Child and Youth Services babysitting class for ages 13 and older. The class will be held 8 a.m. to 4 p.m., Aug. 19 and 20, at Child and Youth Services, building 2752. The objectives are to familiarize participants with the responsibilities of babysitting. This class is open to all DoD ID card holders.

## Summer Golf Scrambles at Ruggles

A Summer Golf Scramble at Ruggles will start 8 a.m., July 12, and includes cart, appetizers with beverages and prizes.

Prices are \$30 for Annual Patrons, \$45 for Value Card holders/Authorized Patrons and \$55 for guests.

A nine-hole Scramble will be held at Ruggles, 5 p.m., July 17. Teams will consist of one adult and one child (ages 7 through 17). Entry fee costs \$30 and includes range balls, cart, hot dog, chips with soda and prizes.

Register for these events in the Pro Shop at Ruggles or call 410-278-4794. For more information, e-mail [david.correll@us.army.mil](mailto:david.correll@us.army.mil).

## APG Bowling Center Snack Bar specials

Building 2342

### Week of July 7

Special #1: Chicken tender wrap with lettuce, tomato, ranch dressing, cheddar cheese, potato chips, cooie and soda for \$4.95.

Special #2: American sub with bologna, ham and cheese with choice of mayonnaise, lettuce, tomato, pickles, onions, cookie and soda for \$5.95.

### Week of July 14

Special #1: Grilled ham and cheese, french fries, cookie and soda for \$5.25.

Special #2: Tuna wrap with lettuce, tomato, potato chips, cookie and soda for \$5.45.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



# Aberdeen & Edgewood Area swimming pools

### Aberdeen Area

#### Olympic Swimming Pool, building 3325

- Daily operation: thru Aug. 22
- Labor Day weekend: Aug. 30 thru Sept. 1

- Closes Monday, Sept. 1
  - Daily operation schedule
  - Child & Youth Service Day Camp: 9 to 11 a.m., thru Aug. 21
  - Open swim: 11:30 a.m. to 7 p.m.
- Lap swim lane available during standard hours.

#### Weekend operation schedule:

Open swim: 11:30 a.m. to 7 p.m.

#### Shore Swimming Pool, building 2031

Swimming lessons: July 7 thru Aug. 8. Levels 1-6, adult, parent/toddler; Monday thru Thursday, 9 a.m. to 6 p.m. (To be determined by customer demand)

- Daily operation schedule: June 28 thru Aug. 17
- Open swim: noon to 5 p.m.

#### Weekend operation schedule:

Through Aug. 17, Saturday and Sunday

Open swim: 12 to 5 p.m.

### Edgewood Area

#### Bayside Swimming Pool, building E-4655

- Daily operation: thru Aug. 22
- Labor Day Weekend: Aug. 30 thru Sept. 1

- Closes Monday, Sept. 1
- Daily operation schedule
- CYS Day Camp: 9 to 11 a.m. (thru Aug. 21)
- Open Swim: 11:30 a.m. to 7 p.m.

Lap swim lane available during standard hours.

#### Weekend operation schedule

Open swim: 11:30 a.m. thru 7 p.m.

#### Pool pass fees - FY 08

##### Daily passes

Daily . . . . . \$5

Under 5 . . . . . Free

Guest of eligible patron . . . . . \$9

5 and under (guest) . . . . . \$2

Active duty E1 - E4 . . . . . \$2

Lap swim . . . . . \$2

#### 30-day pass

##### Individual:

E1 - E4 . . . . . \$15

All others . . . . . \$35

##### Family:

E1 - E4 . . . . . \$35

All others . . . . . \$70

#### Season passes

##### Individual:

E1 - E4 . . . . . \$40

All others . . . . . \$85

##### Family:

E1 - E4 . . . . . \$80

All Others . . . . . \$175

#### Swimming lesson fees

\$50 first Family member

\$45 each additional member

\*10% discount for each additional child in a session.

\*10% discount for each additional session.

#### Swimming lesson schedule

Shore Pool (building 2031) and Bayside Pool (building E-4655).

##### Session 3

July 21 to 25 at Shore Pool

Parent/toddler: 7 to 7:30 p.m., Monday thru Thursday

##### Session 3

Aug. 21 July to 8 at Bayside Pool

Levels 4, 5, 6: 9 to 10 a.m., Monday, Wednesday, Thursday

Levels 1, 2, 3: 10 to 11 a.m., Monday, Wednesday, Thursday

Levels 1 – 6: ages 3 thru 15

Parent/toddler: up to 3 years old

Adult: 16 & older

Session 4: July 28 to Aug. 8 at Shore Pool

Level 1: 4 to 5 p.m., Monday thru Thursday

Levels 2, 3: 5 to 6 p.m., Monday thru Thursday

Levels 4 to 6: 6 to 7 p.m., Monday thru Thursday

To register for swimming lessons, call Outdoor Recreation, 410-278-4124.

# AAFES

### From front page

challenges implicit to military services.”

The aforementioned regulations reads that AAFES privileges are only authorized for: “Active duty military, retirees, reservists, National Guardsmen, dependent Family members of the aforementioned categories, and other categories of individuals affiliated with the armed services (which includes 100 percent disabled veterans). Some government civilian employees have shopping privileges when they are assigned or TDY overseas--or they are “TDY and residing” in government quarters on posts/bases in the United States.”

AAFES facilities at APG include the Main Exchange, Shoppette and gas station and Military Clothing Sales Store in the Aberdeen Area and

the Shoppette in the Edgewood Area.

DoD civilians and contractors are not authorized to purchase items or gas from these facilities with the exception of individual consumable items offered by vendors located in the Shoppette facilities and in the front (foyer area) of the Main Exchange.

For example, DoD civilians and contractors may enter the Aberdeen Area Shoppette to purchase food and drinks at Subway, but may not make any other purchases inside the store or at the gas station. Likewise, for the Edgewood Area Mini Mall where they can frequent the coffee and sandwich shop but not the Shoppette or gas station.

In addition, anyone may conduct business with the vendors in the PX foyer area – the pizza, florist, barber shop and other vendors - but only authorized customers may make purchases from the main store.

At APG, guests, (any relative or friend of authorized customers) are permitted to enter AAFES facilities, but may not make purchases, according to Armendariz.

“The ID verification requirement is at the “point of purchase” areas of the stores,” she said. “It is the responsibility of authorized customers to properly supervise any guests they bring into the stores. Additionally, authorized customers are entitled to make purchases only for personal use or as bona fide gifts.”

Commanders may consider failure to properly supervise a guest, or the making of purchases for other than personal use or gifts, as an abuse of exchange privileges. They can revoke or suspend the authorized customer's AAFES privileges, as well as take other appropriate corrective or disciplinary actions. Periodic “unannounced”

ID checks are conducted at front entrances to ensure only authorized customers and their guests are entering AAFES stores.

### Family members authorized to shop in AAFES facilities

- Family members authorized to shop in AAFES facilities include, dependent children (adopted, stepchildren, and wards) who are 21 years of age or older, unmarried, and dependent for over half of their support from the sponsor, who are incapable of self-support because of a mental or physical handicap, or have not passed their 23rd birthday and are enrolled in a full-time course of study at an institute of higher learning,

- Dependent children (pre-adoptive, adopted, stepchildren, foster and wards) under 21 years of age and unmarried, and dependent on the Sponsor

for half of their support,

- Lawful spouse, if separated, retains privileges until a final divorce decree is issued,
- Orphans (adopted or natural born) who are surviving unmarried children of a deceased Uniformed Service Member or retired member of a Uniformed Service, and meet age requirements of the first two paragraphs above. The surviving children must have been dependents at the time of the death of the parent or parents.

- Parents who depend upon the sponsor for over half of their support. Parents include father, mother, stepparent, parent by adoption, and parents-in-law. Included is a surviving parent of a member of the armed forces who dies while on extended active duty.
- Surviving Family member who is a child or parent of a sponsor, who is dependent on the surviving spouse for over half of

their support.

- Surviving spouse, a widow or widower, of a sponsor who has not remarried or who if remarried, has reverted through divorce, annulment, or the demise of the spouse, to an unmarried status.
- Unmarried children (pre-adoptive, adopted, stepchildren, foster and wards) who meet age requirements of the two paragraphs above, and who are dependent on the sponsor for over half of their support.

- Un-remarried former spouse of a member or former member of the uniformed services who (on the date of the final decree of divorce, dissolution, or annulment) had been married to the member or former member for a period of at least 20 years, during which period the member of former member performed at least 20 years of service creditable for retired or retainer pay or equivalent pay.





# Health Notes

## Digital records improve Soldiers' medical care

Story by  
**ELIZABETH M. LORGE**  
*Army News Service*

Soldiers who need medical care while deployed don't need to worry about paper records getting lost thanks to the Medical Communications for Combat Casualty Care system, which stores their records digitally.

MC4 is now used at all Army hospitals and aid stations in Iraq and Afghanistan, in addition to South Korea, Germany, Italy, Egypt, and by Army Special Forces and Air Force, Navy and Marine providers in Southwest Asia.

More than 24,000 systems have been deployed and the program has captured almost five million records so far, according to Lt. Col. Edward Clayson, Ph.D., MC4's commander and product manager. He said more than 26,000 field medics, doctors, nurses and commanders have been trained on its use since March 2003.

When originally fielded in 2003, the program didn't have money for systems support, so it was quickly shut down and fielded again in 2005, Clayson said.

Fielding of the MC4 program to the Air Force also recently began, along with expanded training and establishment of an MC4 support staff in Iraq and Afghanistan.

"Prior to the development of the electronic record,...healthcare on the battlefield was either not documented at all or was documented on paper and those paper records usually stayed with the unit rather than getting entered into the patient's medical record," Clayson said. "What makes this EMR so revolutionary is that any medical care done on the battlefield is captured and those records are made available in a central repository to healthcare providers here in

the United States, both Department of Defense and Department of Veterans Affairs healthcare providers."

Any treatment, even from a medic in the field, is uploaded via rugged laptops and handhelds, and can be viewed by other medical professionals in a matter of minutes if they are at the same combat support hospital.

Doctors at Landstuhl Regional Medical Center in Germany can check the flight manifests of evacuation flights from theater, get Soldiers' names, look them up in the MC4 system and review their records from combat hospitals before the flights even land.

"Assuming all the procedures were followed...they typically know ahead of time what procedures have already been done and what needs to be done before the patient arrives in Germany," Clayson said. "A stark contrast of what happened in the first Gulf War, where on occasion, a patient would arrive in Landstuhl with no medical records, would be unconscious and would have a scar on his belly. The docs wouldn't know what had already been done, what still needed to be done and would have to start from there."

The program is "revolutionary," said Master Sgt. Wynton Hodges, the senior enlisted advisor to the president of the Army Medical Department Board. He fractured his ankle during a mission in Iraq in 2006 and received care at three separate facilities. When he had other problems with his leg after returning home, medical officials were able to rule out his ankle as the problem thanks to MC4. The diagnosis, Hodges said, was much easier because doctors didn't have to rely on his memory or recreate work that had already been done.

"I think it's an advancement in medical care because you

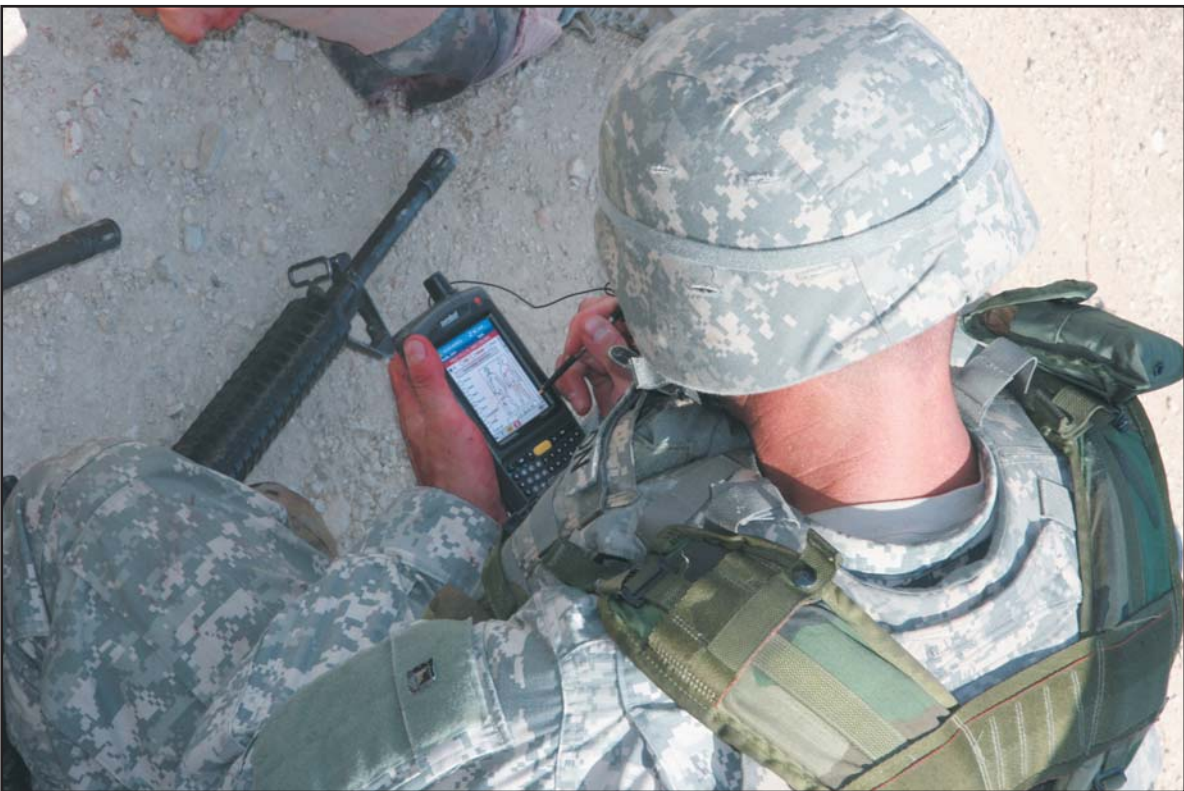


Photo courtesy of MC4  
*An Army medic accesses medical records using the MC4 handheld device. The handheld enables medical providers to record, store, retrieve and transfer patient records.*

have this digital record available for all the providers. You don't have to rely on a paper-based system, and it doesn't matter whether you're in two different theaters of war or if you're back here in the United States at peacetime, providers can go into one single database and pull your medical history and all that information is available to them," he said.

"I've been deployed multiple times and I've deployed to Bosnia twice," he added. "The second time, I was injured and I was hospitalized in a combat support hospital. All my medical care was documented on paper and if my medical records are lost, the history of what happened to me will forever be lost...Let's say at twenty years I retire and I go to put in a claim at the VA because I've been

injured on active duty and maybe I'm entitled to some benefits. In the digital system, you can look in there and you can clearly see this person was injured. Well what if in the paper system it gets lost, and it looks like I've never been injured in Bosnia? The only thing they have to rely on is my word and what may be a ten-year-old memory. You can see how it would be very difficult."

While MC4 is primarily only used in theater, the program is complimentary to the Armed Forces Health Longitudinal Technology Application system, which houses patient records. U.S. providers, Clayson said, can see both sets of records under AHLTA, creating a complete picture of a Soldier's health.

It's much easier, Hodges said, than when Soldiers had to hand-

carry their medical records to appointments. Even worse, he said, was when the Army discontinued that and Soldiers would arrive for medical appointments, especially specialty appointments, and doctors wouldn't have their records. Digital records eliminate this problem.

MC4 was created in 1999 as a result of a 1997 presidential directive and Title 10 law requiring that every service member have a life-long, comprehensive medical record and requiring the secretary of Defense to establish an electronic medical records system.

Only medical providers have access to patient records in MC4, but commanders can use a different portion of the system to see how many of their Soldiers have been diagnosed with the flu, for example, and use the information to determine unit readiness.

## Commentary: Taking blood pressure meds at night better for some

By  
**E. WAYNE COMBS**  
*U.S. Army Center for Health Promotion and Preventive Medicine*

High blood pressure has a significant impact on the military healthcare system. And don't think that just middle-aged and elderly people suffer from it.

In fiscal year 2007, the Army wrote more than 390,000 prescriptions for medicines used to treat HBP in the active duty population, totaling more than \$8.7 million. Those figures for the entire Department of Defense active duty population are estimated at 857,000 prescriptions totaling more than \$17.8 million.

Although HBP usually has no symptoms, it can

cause serious chronic problems such as stroke, heart failure, heart attack and kidney disease.

The good news is you can control high blood pressure through healthy lifestyle habits and taking medicines, if needed.

Better control of high blood pressure could help reduce the enormous amount of money spent on medicines and—most important—substantially decrease the more serious chronic problems caused by high blood pressure.

Whether you take your blood pressure medicine in the morning or at night may be very important in blood pressure control.

Researchers in Italy report

that taking blood pressure medicine at night instead of in the morning helped restore normal nighttime blood pressure in some patients. This simple switch may also help reduce the risk of heart and kidney disease.

Why? Everyone has a 24-hour internal clock that may actually make certain diseases worse at certain times of the day, and in turn affect the time we should take medicine. In healthy people, blood pressure dips at night by 10 to 20 percent.

When it comes to blood pressure, you want to be a dipper. Scientists do not know why, but suspect the drop gives our arteries a little rest. People with

high blood pressure that does not dip at night, the so-called "non-dippers," appear to develop more serious heart disease.

Also, the 26 million Americans with chronic kidney disease seem more likely to be non-dippers. In addition to heart problems, they are at extra risk of needing dialysis because of kidney damage. Dr. Lawrence Appel of Johns Hopkins University found 80 percent of African-American kidney patients in a recent study were non-dippers. Most startling, 40 percent had nighttime blood pressure that was even higher than daytime levels. Two-thirds of chronic kidney disease patients and at least 10 percent of

the general population are estimated to be non-dippers, said Dr. Joseph Vassalotti of the National Kidney Foundation.

Yet few patients have ever heard of the problem. And few doctors know who is affected. Most people get their blood pressure checked only during the day.

A 24-hour blood pressure monitor can help but is rarely used, partly because insurance seldom pays for the extra doctor visit to download and diagnose the readings. And most patients who take several once-a-day pills swallow them all in the morning, meaning they all start wearing off around the same time, says Dr. Gina

Lundberg of St. Joseph's Hospital in Atlanta.

This does not mean everyone should start taking their blood pressure medicine at night. Morning may be best for people on just one drug, and no one yet knows if the switch truly gives non-dippers better overall health.

You should never change the time you take your medicines without consulting your healthcare provider. Still, it's worth finding out if changing the timing of your medicine may help you.

More information on this and other heart-related topics can be found at <http://www.american-heart.org/>.

## MHS CIO announces program office mergers

*U.S. DoD Military Health System*

On June 2, the Military Health System formally announced two significant program office mergers that represent the organization's evolution and commitment to delivering world-class information technology solutions.

The Clinical Information Technology Program Office and the Theater Medical Information Program-Joint program office have combined to create the Defense Health Information Management System organization. Defense Medical Logistics Standard Support, Executive Information Decision Support, and the Resources Information Technology Program Office have merged into the Defense Health Services Systems office.

"The purpose of this reorganization is to improve functionality, efficiency and efficacy of AHLTA, the military's electronic health record and the many other health support services systems maintained by DHIMS and DHSS, which help to provide a seamless continuum of care for our service members and 9.2 million beneficiaries worldwide," said Charles M. Campbell, chief information officer.

DHIMS led by Program Manag-

er Col. Claude Hines Jr., and Deputy Program Manager Col. Bruce Brehm, supports the AHLTA family of products and will continue working toward a longitudinal electronic health record that bridges the information gaps between theater, garrison and beyond. DHSS, led by Program Manager Dr. Dan Magee and Principal Deputy Program Manager Mike Veasey, supports more than 30 products used throughout the MHS supporting three major functions: clinical support, medical logistics and resources.

"Many reasons drove this reorganization decision—improved time to market, process standardization, better governance and alignment with the deputy assistant secretaries of defense," Magee said.

The DHIMS and DHSS teams are working hard to make this transition as seamless as possible.

"Our commitment is to make this new organization work as the CIO envisions and to continue to provide top notch IT solutions for the MHS by maintaining our focus on the needs of our customers across the spectrum of healthcare services we support," Magee said.

## DoD, VA agreement facilitates specialty care for injured service members

*U.S. DoD Military Health System*

A long-standing agreement helps injured active duty service members receive the specialty care they need.

The memorandum of agreement between the Department of Defense and the Department of Veterans Affairs means eligible active duty service members who sustain spinal cord injury, traumatic brain injury or blindness can be referred to VA medical facilities for healthcare and rehabilitative services.

Service members assisted through the MOA in 2006 averaged 316 per month, 438 per month in 2007 and 504 for the first three months of 2008. Those figures include inpatient and outpatient care.

"The agreement is just one of the many ways we have been working with the VA," said Army Maj. Gen. Elder Granger, deputy director, TRICARE Management Activity. "It allows us to leverage the expertise and facilities of our partners, providing a wider range of specialty care for our nation's heroes."

Many VA medical centers are Centers of Excellence specifically in the treatment of traumatic brain injury, spinal cord injury, and blind rehabilitation.

The MOA was updated and refined effective January 2007, said Granger, "but as the need for specialty care increases, we are proactively seeking more treatment options and improvements in the process of moving patients from DoD facilities to VA facilities and then, if appropriate, to the TRICARE network."

DoD military treatment facilities, VA medical

centers, VAMC staff, and the TMA Military Medical Support Office all work closely to determine when a service member should be referred to a VA facility for care. MMSO works with MTF and VAMC staff to facilitate the healthcare authorizations needed to ensure timely admission of eligible Service members to VA facilities.

Ideally, the injured Service member will be treated at the VA facility that is as close as possible to Family and home.

Service members may be eligible for care under the MOA regardless of whether they have been seriously injured on the battlefield or in an accident while they are off-duty, such as a car accident or a serious fall.

"We are proud to be able to provide active duty service members with the innovative and integrated approach to caring for patients with spinal cord and traumatic brain injuries as well as blindness," said Ken Cox, director of the DoD/VA Program Coordination Office. "Over the past year, I have had the opportunity to visit all four of the VA's polytrauma centers and the care provided is great, with the best specialists and state-of-the-art rehabilitation facilities."

The MOA, and ongoing efforts to improve it to meet the demands of trauma care, also illustrate how the VA/DoD Joint Executive Council and the VA/DoD Senior Oversight Committee are working to refine existing programs and improve care for veterans, active duty service members and their Families.

For more information about MMSO go to [www.tricare.mil/mmso](http://www.tricare.mil/mmso). For more information on VA healthcare benefits go to [www.va.gov/health](http://www.va.gov/health).